



LEVE
PROJECT

MISSION TRIP HANDBOOK AND ITINERARY

FOR TRIP DATE – AUGUST 19TH- 26TH, 2019



Welcome

Welcome to Leve Project! We are delighted for your interest in coming on a trip with us. We want you to have a great trip — so please read this packet carefully. It's packed full of helpful information about the mission and what to expect on your trip.

Trip Details

The only way to get supplies to our kids is when we go on a trip, so this trip we will be bringing school supplies, backpacks, and shoes for upcoming school year. Goals for the trip are dependent on the skills of the team, we would like to have the following:

- Finish First Aid Classes
- Have a kid's camp where we will have worship, teaching about Jesus and A LOT of fun!
 - It is so important to give the kids a firm foundation before they go back to school, which is why we have chosen the camp as our main project.
- We are starting to outgrow the current teaching area, which is a GREAT thing!!! So, we need to:
 - Build additional seating
 - Possibly build a new covered area for bible study

Haiti is a beautiful country, and we will be staying at an amazing local hotel right on the ocean.

Important Dates:

- \$100 Non-refundable deposit due at time of registration
- \$1000 Due by June 1st, 2019
- Remainder due by July 15th, 2019

Costs:

- **\$1950.00** for entire trip except a Haiti travel fee of \$10.00 paid by each member individually at the airport. (Not included in total cost)

Trip Information:

- The trip cost includes: Air, Hotel, 2 meals a day, water, transportation, and insurance.

Typical Day:

- 7:00a breakfast
- 7:30a meeting to discuss that day's plan and also prayer.
- 8:30a – 9a leave for work
- 4:00p – 5:00p return to hotel to get ready for dinner
- 6:00p dinner
- 7:00p Quiet time for reflection, journaling, etc.....
- 7:30p evening devotional and prayer
- After evening devotional, you will have free time.

Before you go

First steps:

- Register for the trip and pay the \$100 registration fee at <https://secure.qgiv.com/for/levpro/event/794257/>
- Support letters sent out to friends and family, and donations coming in.
- Apply for passport if you do not have one
- Start your immunizations; the hepatitis A & B are a series of 3 shots. Other immunizations are; typhoid, tetanus, MMB, and malaria medicine. See below for World Travel health info. They will help you sort through exactly what you need.
- If you are a minor, we have 2 forms to fill out that gives us permission to take you out of the country and also treat you medically if needed.
- Donations go to: www.levoproject.org site and select donate now, from there they can use the drop down box to select the trip and type your name in the box below. Although this is 6 months away it will come very fast so GET Moving
- Talk to your doctor or call World Travel Health in Peoria for your immunizations @ [6028633433](tel:6028633433)
- Get your passport http://travel.state.gov/passport/get/get_4855.html The Haitian authorities require that all Americans entering Haiti have a passport that is valid for six months beyond the time you will be there. You will not be allowed into Haiti without one.
- Register your info with the State Department: <https://step.state.gov/step/Index.aspx>

Customs form Info:

On the plane from Miami to Haiti you will receive a customs form. On that form it will ask for the address of where you will be. It is:

Hotel L'Amitie
120, Ti Mouillage, Route de
Cayes Jacmel, Sud-Est

The phone number you can put down is 50937606902, that is mine and if your family wants to reach you in Haiti they can call it, just put a 011 before it.

You are traveling on a personal or pleasure trip. **Also, you DO NOT declare anything.** If you have questions about the form on the plane let me know. Do not use pencil or red ink! Also, please give me your luggage claim tickets, once you get them

Jewelry:

Leave it at home! We do not want to bring attention to ourselves with expensive jewelry or diamonds, so we suggest you only wear a watch (and someone might ask you for it...). Small earrings are o.k. for those with pierced ears, but do not bring expensive or big hoop earrings.

To pack:

- Passport and a color copy of passport kept in a separate location
- Driver's license and copy just in case
- Cash for travel (no more than \$100 needed for snacks/souvenirs)
- 2 carry-ons (1 personal and 1 small suitcase to fit overhead) with your personal items, 1-2 suitcases to be filled with supplies for Haiti and the rest of your own supplies/clothing.
- Your carry on can only include liquids that fit into a gallon zip lock bag and are 3 oz containers or less.
- 2 cans of bug repellent (we recommend it contains Deet or Picaridin)
- Sunscreen
- Hat/sunglasses
- Backpack for traveling around Haiti
- Shorts, tank tops, flip flops, tennis shoes, **one piece or tankini** swim suit for girls
- Journal, books, music: if wanted
- Refillable water bottles
- Snacks (anything that won't melt and is sealable)
- Toiletries (shampoo, brush, toothpaste, toothbrush)
- Malaria medication, and any needed medicine
- Cipro Antibiotic in case of illness, aspirin
- Pepto
- Camera/video

Extra items but not needed:

- Bug killer (raid)
- Fly Swatter
- Sawyer water filtration bottle (you can find at Cabalas or Amazon)
- Small plastic bag to keep with you for personal items in case it rains
- Gold Bond powder to prevent chaffing
- Small portable fan for nightstand (you room will only have a big one and maybe a ceiling fan, so if you get hot easily you may want one blowing right on you)
- Small flashlight
- Aloe or something like it for sunburn
- Laptop or tablet
- Toys or games to play with the kids
- Extra roll of TP
- Light sweatshirt/jacket for cold airplane and airport
- Things to do on the plane
- Zip lock baggies

You can purchase water after going through security so you have safe drinking water until we get to the hotel

We will have a medical kit with all the necessary supplies and medicines.

While in Haiti**Water:**

You should not drink or brush your teeth with any water in Haiti, except for water from the containers where we stay. This includes water from the faucet at the hotel. Water bottles can be refilled where we stay and bottled water can be purchased.

Food:

While in Haiti, it is best to eat only foods prepared where we stay or at restaurants at nice hotels. When first arriving, you may want to avoid eating salads or fresh fruit, and eat only food that which has been thoroughly cooked. Everyone is different and some will have more sensitive stomachs than others. Carry snacks in your backpack such as granola bars, nuts, beef jerky and dried fruit. Be prepared to share with our Haitian workers.

Some Simple Guidelines

- **Be Prompt:** Breakfast will be around 7:00. We will eat dinner around 6:00 pm.
- **Be flexible:** Changes in schedule are likely to occur.
- **Be patient and understanding:** We are on Haitian time.
- **Alcohol:** There are no restrictions, we just ask that you be respectful of others and Drink in moderation.
- **Going Out:** Never go anywhere alone and always let your leader know if you are going somewhere. No after dark walks, or early morning ones. (If security is not outside neither should you be)
- Girls:
 - No 2 piece bikinis
 - No short shorts
 - No shirts showing your stomach or your cleavage
 - We are representing Jesus and need to be held to a higher standard, so anything you think is questionable; probably is.
- Guys:
 - No speedos

Haitians

Most Haitians will understand French, yet they speak Creole. So a morning greeting will be “Bonjour”. After 12:00 pm, the greeting will be “Bonsoir”.

When you are walking in the streets, typically Haitians will not greet you until you greet them first. Most are very friendly. A normal stance for Haitians is to have their arms crossed which we might interpret as being mad, or stand-offish, but this is their relaxed position.

You may give kids we see on the streets in small numbers candy and snacks.

NEVER give money to anyone that asks on the street.

Sometimes you will hear Haitians call you “Blanc”. This just means “white”.

Be respectful when using your camera, especially in some of the poorest areas.

Some people will not allow you to take their photo. It is best to ask before you snap someone’s photo

It is OK to say NO, it isn’t rude at all. If you do not say no the local people will assume that you are saying yes. This will be very helpful at the airport and when out and about.

It is not recommended that you give out your email, phone, Facebook, etc...to anyone. If you would like to stay in touch with anyone please go through Leve Project. This will alleviate any problems later on. If you feel compelled to do something outside of the planned mission, you can always talk with a member of Leve Project and we can help you decide how to go about it in the proper way. We want to make sure that any help is actually needed and that promises are not made. We are building relationships with the community and although many people have great intentions, all too often promises cannot be kept and Leve Project is whom you are associated with.

Phrases – A few common phrases in Creole

• Bonjour -	Good Morning
• Bonswa -	Good Afternoon / Good Evening
• KiJan ou ye or koman ou ye -	How Are you?
• KiJan ou rele -	What is your name?
• Mwen rele -	My name is
• Ki la jou	How old are you?
• Mesi -	Thank You
• Pa de kwa -	You're Welcome
• Eske ou pale Angle -	Do you speak English?
• Konprann -	Understand
• Mwen Pa Konprann -	I don't understand
• Konbien	How much
• Twop	Too much
• Sa Kap Fet	What's Up
• Zanmi Mwen	My Friend
• Ki Kote	Where?
• En Bye Souple	One beer please

For more information call or email:

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